



Suggested Interview Questions

1. Tell me about the research you did and how did you find 100 couples to take your survey?
2. What things did happy couples have in common?
3. Tell me about the relationship cycle and moving through the stages.
4. What are the destructive and the healthy relationship habits and why are they so important?
5. What are the five basic needs? Give an example of incompatibility with needs.
6. How does interdependence work in relationships?
7. What do you mean when you say one person in the couple can make the relationship better? How can that work if their partner isn't cooperating?
8. You talk about four roots of jealousy. What are they and what can someone do who is experiencing it?
9. I liked your chapter about proper problem identification. I'd never heard that thinking before. Can you explain it for our listeners?
10. In your book, you mention a 3-step process for surviving an affair. What are those important three steps?
11. How is the Structured Reality Therapy different from most marriage or relationship counseling?
12. You say all physical relationships end. What do you mean by that?