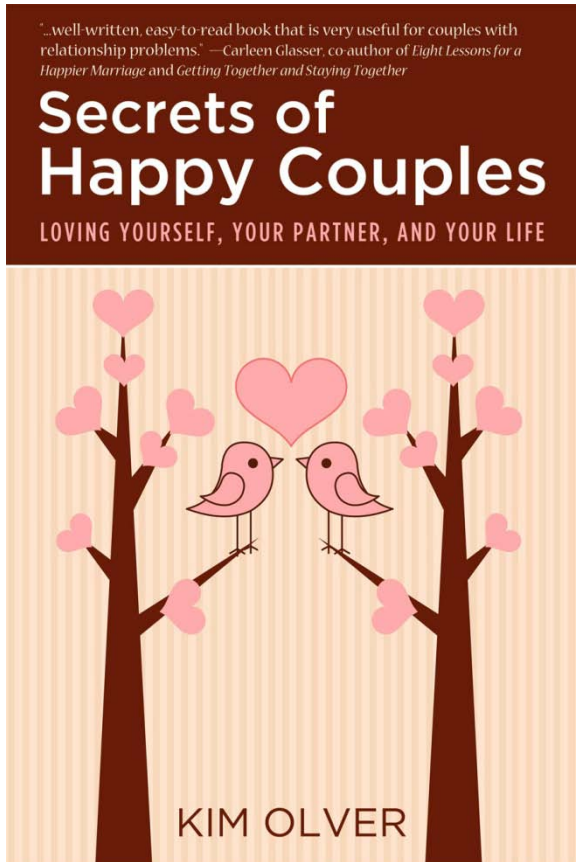


All Great Relationships Begin and End with Yourself



Due out for release on February 1, 2011, this book examines the Relationship Cycle from the Alone Stage to the Getting Together Stage to the Compatibility Stage and finally the Maintenance Stage. And since it is a cycle, at least half of us will return to the Alone Stage either by death, divorce or decision so *Secrets of Happy Couples* also teaches how to navigate the grief of a lost relationship.

Kim Olver surveyed 100 couples who have been together at least 10 years and are both happy and satisfied with their relationship. It wasn't surprising to learn how they employ Dr. Glasser's Caring Habits in their relationship and have discovered the secret of appreciating their partner instead of trying to change him or her.

You'll discover:

- Exclusive insights and suggestions gained by surveying happy couples
- Practical advice from a range of experts synthesized into learnable lessons

- Tips for identifying problems and what to do about them
- A 3-step process you've never heard before for surviving affairs
- The power of moving beyond “tolerating” differences to truly appreciating them
- How to meet your partner's needs and your own at the same time

KIM OLVER is a licensed professional counselor, life coach, founder of Coaching for Excellence LLC, and creator of the InsideOut Empowerment process. She spent two years compiling the research and survey data for *Secrets of Happy Couples*. For more than two decades she has helped clients get along better with the important people in their lives—including themselves—at home and at work.