

Date: Aug. 26, 2016

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Teaching Choice Theory and Choice Coaching, One Country at a Time

Just as a pebble thrown in the water creates ripples across the surface, Kim Olver is spreading Choice Theory around the world, one training trip at a time. Since January, Olver has been to Singapore twice, and Korea, Malaysia, and Croatia, teaching Choice Theory. Olver sums up her life's work as helping people get along better with the important people in their lives, including themselves, at home and at work.

Kim Olver, is a licensed clinical professional counselor (LCPC), certified in Choice Theory and Reality Theory (CT/RT), evidenced-based training that she has devoted much of her career to teaching. She is the creator of the Choice Coaching Program, and the founder and president of Coaching for Excellence. In addition, Kim is the executive director for the William Glasser Institute - US and of William Glasser International.

Her year has been a whirlwind, with just brief trips home to conduct trainings stateside. January found her with Pat Robey, another senior level instructor of Choice Theory, in Singapore teaching other therapists Choice Theory so they could become practicum supervisors. Olver teaches faculty training, endorsing participants to teach different levels, depending on their training.

In June, she headed to Croatia where she taught her coaching program, Choice Coaching from Academy of Choice, to about 90 people. "The thing that was amazing about teaching in Croatia is the slides and handouts were in Croatian, but I was able to teach in English and be understood," Olver said.

There has been such interest in Olver's Choice Coaching Program, it has been translated into Farsi and Croatian, with plans for additional translations next year.

Next was Korea, where she participated in the William Glasser International conference, board meeting, and faculty program. Malaysia was next, where she taught the advanced intensive training of Choice Theory for 13 participants. Then back to Singapore, where five people, four from Singapore and one from the US, were endorsed as Basic Instructors of Choice Theory.

When not traveling abroad, Olver teaches her Empowerment Parenting Program and Choice Coaching programs in the US. Recently, her 25-hour Empowerment Parenting Program curriculum was adopted by Cook County Social Services Department for the parents mandated to go through parenting training. She also serves as a consultant for the National Safety Council and is working on an update of their Alive at 25[®] defensive driving program that has Choice Theory as its philosophical base.

A little more than halfway through the year with four countries under her belt, who knows how many more she will visit before the year ends. But she knows South Africa is on the calendar for 2017 – she already has been invited to teach there.