

For Release:
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Reality Therapy, Choice Theory Training Offered in Chicago Area

Take control of your work and life with Coaching for Excellence's Basic Intensive Training in Reality Therapy and Choice Theory, offered in the Chicago area August 7-9, 2017. This program is the first step in the Reality Therapy Certification process and an opportunity to receive training in the ideas and concepts of Dr. William Glasser's Reality Therapy, Choice Theory®.

This interactive program is designed for therapists, counselors, social workers, clergy, school administrators and teachers. It offers powerful strategies to assist you and others in your life to make effective decisions. The training will help you build effective relationships with the most challenging clients while determining what the client really wants. It also includes a four-step approach to problem solving and behavior change along with a successful plan to maximize its effects.

Individuals who want to take control of their lives may also want to take this course. Because the program provides strategies to improve basic relationships, it could help you get more of what you want out of life.

Kim Olver, M.S., LCPC, NCC, BCC, is conducting the training. She is dedicated to helping people get along better with the important people in their lives, including themselves, at home and at work. Olver is a certified coach, trainer, counselor, speaker and author. In addition, she serves as the Executive Director of The William Glasser Institute and of William Glasser International.

The cost for the training is \$500. For a limited time, if you sign up by June 7 you can bring a friend to the training for an additional \$100.

For more information on this training program and to sign up for the August session, visit coachingforexcellence.biz/realitytherapytraining.html.

If you are interested in on-site training, contact Kim Olver at (708) 957-6047 or email: Kim@Coachingforexcellence.biz to book a private training session.

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