

For Immediate Release

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Choice Theory Helping People from Around the World Get Along Better

People from very different backgrounds, different religions, and different family dynamics, were together for four days, and yet during those four days, everyone was so together. Those words reflect the feeling of Shlomo Tauber, a rabbi who recently participated in a Choice Theory/Reality Therapy Training, taught by Kim Olver, M.S., LCPC, NCC, BCC, and the Executive Director of the William Glasser Institute – US and of William Glasser International.

Another participant, Dr. Hossenini Navid, an Iranian doctor, emphasized how Olver truly demonstrates building relationships and developing a communication base without ever trying to lecture anyone.

How did this unique group come together? It was their desire to begin the certification process of becoming Choice Theory/Reality Therapy practitioners. Olver conducts the training about three times a year in the Chicago area. She is a certified coach, trainer, licensed counselor, speaker and author dedicated to helping people get along better with the important people in their lives.

“What Kim showed us in such a beautiful way is that experiencing Choice Theory in real life is not a “Theory,” it’s a “Reality.” That no matter who you are, no matter what your background is, and no matter what religion or status you have, as long as you don’t try to use your power to control others or try to change others, and instead you focus on yourself and what you can do differently or better to improve your relationship with others, you will be successful in improving your relationship with whomever you want to, no matter who that other person is,” said Tauber.

Dr. Navid had already been certified in Choice Theory/Reality Therapy in Iran, and even though he felt he should have known all the content, he said going through the training with Kim was a whole new experience.

“Kim’s almost 30 years of counseling experience and teaching Choice Theory helped me relearn so many things and gave me fresh eyes about the things I thought I knew for sure. She turned the workshop with three total strangers into a quality friendship experience for all of us,” he said.

Choice Theory/Reality Therapy is an interactive program designed for therapists, counselors, social workers, clergy, school administrators and teachers. It also is beneficial for individuals who want to take control of their lives, because the program provides strategies to improve basic relationships. It is a foundational part of Olver’s

Board Certified Coaching program at www.academyofchoice.com. Basic Training in Choice Theory/Reality Therapy will next be offered in the Chicago area on July 30-Aug. 2. For more information and to register, visit <https://bit.ly/2JXAxHo>.

“To put it in a nutshell, I had four days of fun, made new friends, and learned how to have quality relationships and live a full-fledged life, not just by talking and learning in a workshop but by living it in practice during those four days,” Dr. Navid concluded.

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